



# VISION WORKSHEET

In my mind's eye - the vision of my ideal practice looks like this:

1. Type of treatment I'm providing:

Doctor: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Team: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. My ideal patient visit: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. My Team: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Business Team: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Clinical Team: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Associates: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. My facility: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. My equipment and technology: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. Number of days: \_\_\_\_\_

7. Hours: \_\_\_\_\_

8. Vacations: \_\_\_\_\_  
\_\_\_\_\_

9. Amount of Production/Collection: \_\_\_\_\_  
\_\_\_\_\_

10. Take home salary: (Gross) \_\_\_\_\_  
\_\_\_\_\_

11. Reputation in Community: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

12. Marketing & Networking Efforts: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

13. Branding: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Now, ask yourself: Where am I now? How do I make this vision happen? \_\_\_\_\_

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What's getting in my way? \_\_\_\_\_

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What will I do to overcome my own barriers/obstacles? \_\_\_\_\_

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Who do I need in my life to help me? Who do I need as a resource person or company? \_\_\_\_\_

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What's getting in the way of me inviting these resources into my life? \_\_\_\_\_

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Why? \_\_\_\_\_

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What do I need to do to overcome my own resistance? \_\_\_\_\_

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What will be the benefits of having resources/coaches/helpers in my life? \_\_\_\_\_

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Will I do this? \_\_\_\_\_

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When? \_\_\_\_\_

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