<u>Frequently Asked Questions</u>

Curodont Repair Fluoride Plus, vVARDIS Switzerland

S.No.	Question	Answer
1	What is Curodont Repair Fluoride Plus?	Curodont Repair Fluoride Plus is a locally applied formulation for the in-office management of early, non-cavitated caries (watch areas/white spot lesions).
2	How does Curodont Repair Fluoride Plus work?	Curodont Repair Fluoride Plus's proprietary formula diffuses throughout the early carious lesion through capillary action and over time helps attract calcium and phosphate ions found in the saliva to help remineralize the tooth.
3	What are the uses of Curodont Repair Fluoride Plus?	Curodont Repair Fluoride Plus is a low-viscosity liquid material that can be used to arrest the progression and enable regression of non-cavitated carious lesions through remineralization. These lesions often appear as white spots on buccal and occlusal surfaces. For proximal lesions, which may not be visually accessible, radiographs and/or advanced diagnostic measures, such as laser fluorescence, fiber-optic transillumination, impedance measurement, etc. may be used.
4	Can Curodont Repair Fluoride Plus 'fill' cavities?	Curodont Repair Fluoride Plus works on early, non-cavitated carious lesions. Cavitated lesions, which represent an advanced stage of the carious process, must be treated with restorations that require drilling of the tooth. Detection and treatment of caries in their incipient stages with Curodont Repair Fluoride Plus can prevent or delay their progression to cavitated lesions.
5	Do I need to use a rubber dam before applying Curodont Repair Fluoride Plus?	No. The use of a rubber dam is not necessary, though it is the clinician's decision whether to use a rubber dam. Isolation with cotton rolls and a saliva ejector is sufficient.
6	Curodont Repair Fluoride Plus be used to arrest progression of caries?	In many cases, one application of Curodont Repair Fluoride Plus is sufficient to treat one lesion, provided the patient maintains good oral hygiene following application. If deemed necessary by the clinician, the application may be repeated.
7	Repair Fluoride Plus preclude the use of other fluoride	No. Curodont Repair Fluoride Plus can be used in conjunction with other remineralizing agents, such as fluoride varnish, to optimize remineralization. These agents act as suppliers of calcium, phosphate, and/or fluoride ions which supports the proprietary

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	products or other substances	formula's treatment of early carious lesions (watch areas/white
	promoting remineralization?	spot lesions). When using these agents, they must be applied at
		least 5 minutes after the application of CRFP in-office, or after the
		appointment, at home.
		An ideal complement to Curodont Repair Fluoride Plus is
		Curodont Protect. This anti-cavity dental gel can be applied once
		or twice a week on the treated area and on the entire dentition at
		home.
8	What precautions does a	Immediately after the application of Curodont Repair Fluoride
	patient need to take after an	Plus, the patient should refrain from eating or drinking for 30
	application of Curodont	minutes. Routine oral hygiene measures including brushing with
	Repair Fluoride Plus?	fluoridated toothpaste twice a day must be strictly followed.
		Additionally, and especially, in cases with early proximal caries,
		interdental flossing must be performed after meals to ensure the
		cleanliness of the area. Good oral hygiene maintenance is a pre-
		requisite for the success of any dental treatment.

Frequently Asked Questions

Curodont Protect, vVARDIS Switzerland

1.	What is Curodont Protect?	Curodont Protect is a dental gel for in-office and home use that helps protect enamel from demineralization, helping to prevent cavities while also building increasing protection against sensitivity. It is an easy-to-apply, transparent proprietary formula gel containing stabilized stannous fluoride. It also serves as an ideal complement to treatment of initial caries with Curodont Repair Fluoride Plus.
2.	How does Curodont Protect work?	The protective effect of Curodont Protect is based on the clinically proven benefits of stabilized stannous fluoride as the active ingredient, delivered via the proprietary vVardis formula. Stannous fluoride is well documented to protect enamel from demineralization,* promote its remineralization,* and provide protection against sensitivity.** The proprietary formula in Curodont Protect is designed to stabilize the active ingredient on the tooth surface. It supports the uptake of calcium and phosphate ions from the saliva, increasing their availability for remineralization and building increasing protection from tooth sensitivity. Curodont Protect also leaves teeth feeling smooth. * Fiorillo L et al. Biomimetics 2020;5:41 ** Hines D et al. J Am Dent Assoc. 2019;150:S47-S59
3.	What are the uses of Curodont Protect?	Curodont Protect is versatile, easy-to-use, and does not require any sophisticated armamentarium. It can be applied by both the dentist and by patients themselves. Some examples of how it can be used are: 1. As a complement to treatment of initial caries with Curodont Repair Fluoride Plus.

		 As a caries prevention boost after dental procedures such as oral prophylaxis and at orthodontic follow-up appointments For protection from sensitivity in a variety of situations, such as periodontally compromised dentitions, tooth abrasions and erosion, bleaching, etc. For control of sensitivity pain before and after dental procedures, such as oral prophylaxis, bleaching, periodontal surgeries, etc. To support regular oral hygiene routine of patients, for added anti-cavity protection. In patients at a high risk of caries, such as those undergoing fixed orthodontic treatments.
4.	How does Curodont Protect complement the action of Curodont Repair Fluoride Plus?	Curodont Repair Fluoride Plus (CRFP) is an anti-cavity sodium fluoride dental rinse for addressing early caries through a non-invasive, painless, short in-office procedure. Its proprietary formula helps attract calcium and phosphate found in the saliva to help remineralize early carious lesions. Curodont Protect is a stannous fluoride anti-cavity gel that complements Curodont Repair Fluoride Plus by protecting the tooth from further demineralization and promoting remineralization. Used once or twice a week after treatment with CRFP maximizes treatment success.
5.	How should Curodont Protect be used?	Curodont Protect can be applied by dental professionals in office or by the patients themselves at home. The dental professional may use a rubber polisher, interdental brush, or a micro-brush to spread the gel over the tooth surface/s. When using at home, patients can spread the gel evenly over all tooth surfaces with a toothbrush, interdental brush, or a clean finger. In-office use: 1. After treatment with Curodont Repair Fluoride Plus: 5 minutes after CRFP application, apply on the treated area and rest of the dentition. Continue to use at home. 2. For sensitivity: Apply on sensitive teeth, 2 mins before and immediately after a dental procedure such as oral prophylaxis, to reduce sensitivity and discomfort during the visit. Continue to use at home as directed by the dentist.

		3. For cavity prevention: Apply on the entire dentition, after completion of a dental procedure. Continue to use at home as directed by the dentist. At-home use:
		 After treatment with Curodont Repair Fluoride Plus: 1-2x/week, on the treated area and rest of the dentition, after brushing at bedtime For sensitivity: On the sensitive tooth/teeth once or several times a day as needed, until the pain subsides. As an addition to oral hygiene routine: 1-2x/week, on the entire dentition, after brushing at bedtime.
		The gel must be allowed to stay on the teeth undisturbed for 1-2 min before spitting out the residue, if any. The gel should not be swallowed. This should not be followed by rinsing, so as to maintain the contact of the gel with the teeth for as long as possible.
6.	Can I eat or drink immediately after using Curodont Protect?	It is best to avoid eating, drinking, or rinsing immediately after the application of Curodont Protect at a dentist/hygienist office or at home so as to maintain its undisturbed contact with the tooth surface for an extended time. At a minimum, patients should avoid eating, drinking or rinsing for 30 minutes after application.