# How to leverage the power of humanism





**Prevention only** happens when patients connect with their healthcare team. It's time we make every healthcare space a human-centered space.



#### Take Care of You

For a healthcare team to really care for a patient, that team must be cared for themselves.



## **Create Connection**

Start relationships by connecting with patients as people first.





### **Make it Safe**

Care for the whole person, understanding that we all bring what has happened to us into the healthcare space.

**LEARN ABOUT TRAUMA-INFORMED CARE** 





#### **Don't Underestimate Kindness**

The generosity of caring for someone and asking nothing in return carries the power to bring change.





#### **Build Trust**

Trust empowers patients to positively impact their health.

